Above: Photographs from WineMaker Dinner at City Clubhouse. Photographs taken by Tom Hall.
COVER
The Cover and the photograph on this page are of Olympic Club skier Keith Metzger at Bear Valley Mountain. All action ski and snowboard shots taken by Mark Silverstone, www.westworldimages.com

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dear olympian

We are blessed with such a rich history at The Olympic Club. Take the Olympian magazine as an example. Did you know that the Olympian was first published in December 1912 and that it has been continuously published since that time? In fact, the Olympian is older than both Time Magazine and The New Yorker which were first published in 1923 and 1925, respectively.

In the very first Olympian (Volume 1, Number 1) the following statement of purpose can be found:

The decision to publish this paper sprang from a desire to bring members in closer touch with the administration of affairs of the Club; to secure united action in all Club matters; to improve Club conditions so that all may enjoy to the fullest the privileges of membership in the organization of which we are proud.

Ninety-seven years later, we remain proud of our Club and strive to make it better than when we first joined. To this end, we not only look to our past for inspiration, but we also look to our membership for fresh ideas, events and new sports (hence, this month’s cover). We continue to search for new ways to bring members together and to provide them with what they want, at the best possible value.

Speaking of value, I suspect that in these challenging economic times we are all looking for the most bang for our buck. While I have always thought that the Club offers excellent value, I believe that more than ever after witnessing the Club’s offerings these past few months. Outstanding facilities, including two clubhouses, three swimming pools, two basketball courts, three golf courses, handball and squash courts, all world class. And that is just the tip of the iceberg. How about the fine dining (four restaurants and a café), the killer wine list, the opportunities for team participation, coaches and instructors, and the outstanding group of dedicated employees who support us in a first-class manner.

But at the end of the day, the value is only realized if we use our Club. So I encourage you to do just that. Participate in at least one of the 45 exercise classes offered each week, join a Club team or enter a Club competition. The opportunities are unlimited. You will find yourself in better physical condition while making friends and realizing the value that is there for the taking at The Olympic Club. And along the way, fellow Olympians that you meet will inspire you.

Inspiration was certainly the operative word for my wife, Diane, and me when we attended the triathlon/running awards in February. George Barry, with a big assist from Eve Kuhlmann, organized and emceed an informative and enjoyable program for the 70 plus supremely talented Olympians in attendance. There was a powerful feeling of camaraderie and goodwill. While I was expecting an exclusive and perhaps even an elite group, what I found was a welcoming spirit and inclusiveness. It reminded me of the Club’s statement of purpose articulated in Article III of our Bylaws:

The objects and purposes of the Club are to promote physical culture, social intercourse and the fostering of amateur athletics in a spirit of close harmony among the membership.

This group surely has the ‘close harmony’ part of the equation down pat.

The awards were great. It was the first time that women received recognition at this dinner, and Peggy Lavelle, Bo Arlander and Stacey Schweighart walked away with well deserved honors. Also receiving awards were Graham Cooper, Chris Coble and Peter Ryan. Last but certainly not least was the winner of the Francis O’Donnell Perpetual Running Award, Joe King. Joe is 82 years young and brings to our Club an inspirational story of achievement. Please see the article on the opposite page for more about Joe’s accomplishments.

I also recently attended the Olympic Club Foundation dinner with board colleagues Jim Kirk, Gene Valla and Jim Mason at which we witnessed Mark Ohleyer present the Ohleyer Award to two deserving winners, Hannah Safford (Lowell High School) and James Woodard (Castro Valley High School). Mark Ohleyer’s words were a moving and beautiful testament to his late brother Brian, a fellow Olympian, after whom the award is named.

Yes, our Club with its rich history offers exceptional value, opportunity and the chance to meet some pretty inspiring people. I look forward to seeing you and them around the Club.

David A. Thompson
415.345.5171
dthompson@olyclub.com
Running Triathlon Awards Night

by Frank J. Rollo

On February 26th, a sold-out Olympian Room honored the best Runners and Triathletes of 2008. They were: Joe King, winner of the Francis O’Donnell Perpetual Running Award; Peggy Lavelle & Graham Cooper (not pictured, was unable to attend), winners of Most Inspirational Triathlete; Bo Arlander & Chris Coble, Triathletes of the Year; Peter Ryan received the Most Inspirational Runner award; and Stacy Schweighart, the Most Valuable Runner.

Joe King set several world records in 2008: the indoor half-mile, the outdoor mile and the 5K. You are probably thinking “that’s great!” but consider this – he did it at the ripe old age of 81. Some further perspective: Joe ran the half-mile in 3 minutes 7 seconds and the mile in 7m14s. Still not amazing enough for you? Well, he did the half-mile after taking the “red eye” flight to Boston and he did the mile in the rain with soaked shoes.

Stacey was in the top three of her age group in every race she entered last year. In June 2008, she got a black shirt at the Dipsea Race, finishing 22nd. Anybody who has run, walked or hiked that trail knows how hard it is. Stacey had a baby four days after the February awards night and plans to be back at the Dipsea Race this June.

Peter Ryan likes to run. Every Tuesday and Thursday mornings he does two things: he smiles before the run and he thanks everyone after the run. His inspiration is quite motivating. If you know Pete is going to be there, you just don’t want to miss out.

Chris Coble is a former USC swimmer and races his bike as a Category 2 cyclist. In 2008, he added running to his repertoire and before he knew it, he was winning triathlons. He concluded his 2008 triathlon season by finishing the Ironman Arizona in less than 9 hours (8h52m36s). He was the first age group finisher and 16th overall, including the pros. Chris will be in Kona for the 2009 Ironman representing the Club.

Bo Arlander has already qualified for the 2009 Ironman Kona. I guess we need to have these award nights earlier in the season! In 2008, she was a top age group finisher in each of her races.

Peggy, “Fastpeg” as we refer to her, was on the podium every race she entered in 2008. At the 2008 S.F. Triathlon, she won the Saturday and Sunday race. I was there and I can tell you she is very inspiring, kind and has a deep passion for the sport. Don’t get in her way once the gun goes off.

Congratulations again to all. Thank you to James Saunders, Bart Lally, George Barry, Eve Kuhlmann, and our new coach Rachel Rodriguez for all their hard work. 2009 looks to be as rewarding as 2008!

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CAMPING & WHITEWATER RAFTING

FAMILIES & GUESTS WELCOME
Saturday, June 6th - Sunday, June 7th

Meet at the river center site (South Fork American River, Gorge Run) at 10am. One-night camping with lunch and BBQ dinner Saturday and breakfast Sunday morning. Optional tent rental available for an additional cost. Reserve now! Reservations accepted until May 15th.

$150.00 per adult or child. Minimum age: 8yrs old.
RSVP 415.345.5147
Handball Awards Banquet

by Bernie Samet

The highlight of the Annual Handball Awards Banquet held at Capurro’s Restaurant was our first-ever tie for the Charlie Yates Award (to the player who participates in the most handball events in the preceding year). Sean Buckley, Tobi Stuart and Bill Lynch all seemed to be at every event we staged!

Player of the year for 2008 was awarded to Emmett Peixoto, currently the number 4 ranking player in the world. Among his numerous wins in 2008 were the National 3-wall doubles championship and the National 4-wall doubles championship. To promote handball across the country, Emmett embarked on a 3,000 mile bike tour through 15 cities teaching handball as he went!

Also receiving awards that evening were veterans Charlie Leach and Bill Lynch. Bill and Charlie defeated Jeff Wrench and Tom Dee earlier that day in our “Quick Serve” Doubles Tournament. In this handicapped event, many of the matches went the full five games: Sean Buckley/Tobi Stuart over Dan Casey/Mike Martin; Greg Clark/Joy Ann Fell over Taylor and Fred Nagle; Charlie and Bill over Tobi Stuart and Sean Buckley. Players played the best 3 out of 5 games to 11 points instead of 21 point games, making every point loom large!

The Olympic Club Speaker Luncheon

City Clubhouse, May 6, 12pm

RSVP: 415.345.5147

Robert Baer was raised in Aspen, Colorado and aspired to become a professional skier. After a poor academic performance during his freshman year at high school, his mother sent him to Indiana’s Culver Military Academy. In 1976, after graduating from the Georgetown University School of Foreign Service and entering the University of California, Berkeley, Baer decided to join the CIA’s Directorate of Operations (DO) as a case officer. Upon admittance to the CIA, Baer engaged in a year’s training, which included a four-month paramilitary course.

During his twenty year CIA career, Baer has publicly acknowledged field assignments in Madras and New Delhi, India; in Beirut, Lebanon; in Dushanbe, Tajikistan; and in Salah al-Din in Kurdish northern Iraq. While in Salah al-Din Baer unsuccessfully urged the Clinton Administration to back an internal Iraqi attempt to overthrow Saddam Hussein (organized by a group of Sunni military officers, the Iraqi National Congress’ Ahmad Chalabi, and the Patriotic Union of Kurdistan’s Jalal Talabani) in March of 1995 with covert CIA assistance. Baer quit the Agency in 1997 and received the CIA’s Career Intelligence Medal on March 11, 1998. Baer wrote the book See No Evil documenting his experiences while working for the Agency.

Cost: $33+tax & service charges, includes 3-course luncheon. Purchase a table of 8 and receive 10% off. Members are encouraged to bring guests.

Dress: Business Casual
AD’S UPDATE

Pop Sensibilities

Pop music often cuts to the core of an issue quickly as the lyric from a new U2 song does when Bono sings “It’s not a hill, it’s a mountain as you start out the climb.” His is a smoother and more succinct way of explaining inertia or the physics law of “a body at rest wants to remain at rest.” It’s not easy to begin an exercise program. Getting started is so challenging that I usually counsel novice exercisers to just get to the Club (the bottom of the mountain) then let the Athletic Staff guide you from there. If you need help getting started on your exercise climb, contact any member of the Athletic staff or me for assistance.

In an effort to get Junior Members on the exercise climb, the Club has been offering special Junior Fitness Classes at 3:30 pm Monday through Friday in the 6th Floor Fitness room area. These classes are open to all Junior Members on a drop-in basis. Monday, Wednesday and Friday classes are led by Louis Valencia; Tuesday and Thursday classes by Carmen Solla.

In Water Polo news, Olympic Club Member and Cal Men’s Water Polo Coach Kirk Everist has been named Coach of the USA team for the World University Games to be held July 1-12 in Belgrade, Serbia. In addition to Kirk’s many successes with Olympic Club water polo teams, he was NCAA Player of the Year in 1988 and on NCAA Championship teams coached by Pete Cutino in 1987 and 1988. He was also a member of the 1992 and 1996 United States Olympic Water Polo teams. The Club was honored to have him as the keynote speaker for the 2007 Cutino Awards Dinner.

This year’s Annual Peter J. Cutino Awards Dinner will be held June 6 at the City Club, featuring Guy Baker, Head of United States Olympic Player Development, as keynote speaker. At the 2008 Beijing Games, Guy led the US Women’s Team to a silver medal. In the 2000 Olympic Games in Sydney, he coached the first ever Olympic Women’s water polo team to a silver medal. Invitations have been mailed to those members involved in water polo and aquatics. If you are interested in attending but haven’t received an invite, please contact me. This is a sell-out event so please reserve your seat early.

On a more serious note, a recurring concern recently at the City Club is someone staying too long in the hot room or steam room and becoming incapacitated. The loss of fluids from exercise combined with the heat causes a state of hypotension (low blood pressure) causing the person to pass out. The Club has an audible emergency response system which is activated when someone appears in distress. Paramedics and firefighters respond and always take the person to the Emergency Room. This unpleasant experience can be avoided by following one simple rule: do not spend more than 10 minutes in the hot room or steam room, particularly after engaging in heavy aerobic exercise.

And finally, one of the joys of the Club is meeting new people. About a month ago, member Gloria Riordan rode the elevator down from the 6th floor with five men who had been practicing basketball in the Sky Gym. Recently I caught up with her and asked her about her elevator experience. She said “They were all so tall and I didn’t know who they were. The biggest one asked me how my workout was.” After getting home she found out “the biggest one” was actually NBA Player Shaquille O’Neal who was at the OC with the Phoenix Suns practicing for their game against the Warriors. Chalk that up as another enjoyable experience at the OC!

- Gary Crook
Men’s and Women’s Water Polo Teams Play Well

by Russ Hafferkamp

The Men’s and Women’s Water Polo Teams came back from Phoenix having each made the Championship game of the Desert Duel. 15 guys on the Men’s Team and 14 ladies on the women’s side traveled, representing the Club.

The women played very well and put away a couple of great teams before falling to the NYAC in a well-fought championship game, losing by 3 or 4. I have trouble remembering the finer details of a loss. I do remember a couple of missed opportunities by the OC in the first period, which might have changed the complexion of the game, if not the final outcome. Next time, the AC will not be as fortunate. Everyone on the OC Team came away from that game looking for a rematch. I look for the women’s team to gain momentum over the next couple of months and emerge as a consistent threat for any championship. Stay tuned.

The men played well and were at the top of their class at the tournament. It was vintage Olympic Club water polo...smothering defense, great goalkeeping, wicked shooting...only this version included a relentless counter that took the heart (and wind) out of every team we matched up against. 6 or 7 goals were the margin of victory in both the semi (Chawp) and final games (Sharks) on Sunday. Perennial challengers NYAC, Sunset and Navy all finished back in the pack. This team has all the tools to produce a terrific season this summer...size, speed, youth, experience, depth, shooting, goalkeeping, the ability to play fast, crashing small-ball and then come right back with a tenacious front court defensive effort. Maybe their biggest asset? They are playing with confidence.

WHEN: Wednesday, May 6th, 5-7pm
WHERE: 6th floor weight room, City Clubhouse
DETAILS: Come enjoy the fun. Meet and mingle with first time and seasoned competitors. Check out the new male and female record boards. Start training now for this event.
First Annual Junior Squash Tournament

by Bernie Samet

Our first ever Junior Squash Tournament featured 18 players ranging in age from 8 to 13. With a round robin format, every player got to play everyone else in the division of choice. Olympians participating included Riley Chan, Ava Gueits, Liam Coen and Patrick Smith.

In the Beginners Boys Division, Ethan Isenman placed first with Jason Giaquinta claiming second place. First place in the Beginners Girls Division went to Clair Loeb who defeated Alexandria Imperiale in a spirited final.

Future “All American” Squash players

Successful Year for Women’s Soccer

by Casey McCormick

Under the direction of Coach Deejae Johnson, the Club’s Women’s Soccer Team had another successful year in 2008. The team won a tournament in Sonoma County and the Championships in both their indoor soccer summer league. The team also finished in second place in the Golden Gate Women’s Soccer League’s Premier Division, which is the highest level of amateur play available for outdoor women’s soccer. The team hopes to regain their Championship title in outdoor soccer in 2009.

To that end, the team has continued its recruiting efforts to bring the top amateur players in the Bay Area to The Olympic Club. The team successfully recruited several new players recently. Nicole Schiereck, played for the Republic of Ireland’s National Team. She will make an immediate impact and is expected to assist Erin Iverson in quarterbacking the team from the center midfield positions. Elizabeth Orofino who has been a member for a while, but was a hidden gem of a goalkeeper.

“Gidget” Eisenberg, Kelsey Zwiebel and Susan Coelius Keplinger are expected to assist in the team’s offensive efforts. Gidget has incredible speed and a knack for scoring goals. Kelsey and Susan are expected to play attacking roles from the forward line or outside halfback positions. For many of these young athletes, it was their first-ever squash tournament. You could often see improvement with every game. It was a privilege for the Club to host this event and contribute to their athletic development.

“Gidget” Eisenberg

The team faces off Saturday, March 14, against their long-time nemesis the Nighthawks, at Policita Park in Daly City at 11am. The team would love to see you at a game this season!
Golden Masters Win PCAC Again

by George Borges

The Olympic Club’s Over 50 Team once again proved to be the best of the West Coast as it swept all 3 games in the recent Pacific Coast Athletic Club tournament. In dominating the Bellevue Club, the Washington Athletic Club and the Multnomah Athletic Club (MAC) the veteran cagers showed why they are the defending national champions.

The opening game versus Bellevue was a 65-53 victory, paced by 16 points from newcomer Mark Harris, 11 points each from veterans Kevin Restani and Paul Akin and 10 points and 9 rebounds from Mark Farrar. All 10 team members scored in the opener and 9 players had at least 1 assist, setting the tone for the weekend. Game 2 saw the biggest win, a 66-40 rout of the MAC. Restani just missed a triple double (13/10/9), Harris poured in 22, Maurice Monserez had a career high 10 pts, veteran Mark Bechelli added 9 and guard Pete Doherty dished out 7 assists. The finale against the WAC was the toughest test, as the 50-38 final score would suggest. Struggling from the field and shooting below 45% for the first time in recent tournament history, the old pros put away the game at the foul line, knocking down their final 12 free throws. While perennial MVP Restani again led the way (13 pts & 10rbs) the team also received clutch contributions from veteran Ed Silvia and newcomers John Soares and Kevin Kilty.

As the team gathered around their beloved coach Marty Labagh for post-game refreshments in the McCarthy hospitality suite, they were able to review some of the highlights on video. Several players lamented the absence of injured guard Brad Quanstrom and missing vet Tim O’Shea. More than one commented, “Boy, I wish they could have seen this.” The team looks to defend its national title, won last year in Los Angeles in a 4-overtime thriller, when the NACAD tourney gets underway in Portland at the MAC in late April.

OC Women Continue Winning Streak

by Sera Passalaqua

The Olympic Club Women’s Basketball Team (6-0 PCAC, 5-0 NACAD) swept the PCAC tournament (3-0) hosted by the Washington Athletic Club (WAC) in Seattle, Washington. The team had five returning players from the inaugural team (Catherine Kelley, Maureen McCaffery, Sera Passalaqua, Nickie Warren, and Corrie Mizusawa) that clinched victory in the women’s first PCAC tournament in February 2008 at The Olympic Club. Coach John Perez added the talent of Maya Fok, Miranda Forry, Maggie Peressini, Toni Russell, and Molly Shanley to help continue the team’s undefeated record.

The OC women played two games on Friday, February 27th at the WAC. Their first game of the tournament was at 11:10am against the women of the Multnomah Athletic Club (MAC) from Portland, Oregon. This was the third meeting between these two teams in the PCAC. The OC Women’s Basketball Team used a solid defensive effort led by Toni Russell (7 steals), Sera Passalaqua (3 steals, 3 DR), Maureen McCaffery (8 DR, 3 steals) and showed offensive dominance with the help of Miranda Forry (18 pts), Molly Shanley (9 pts), Corrie Mizusawa (9 pts, 8 assists) and Nickie Warren (12 pts, 7 OR) to defeat the MAC 71-34.

The second game of the day was against rival Washington Athletic Club (WAC) Team at 5:50pm. Despite the WAC stacking their team with local talent from UW and WSU they were no match for the OC Women’s Team. Maureen McCaffery, Catherine Kelley and Nickie Warren had their hands full with the two 6’4” forwards on the WAC and kept these giants to 18 pts combined. The OC guards put on a show with another solid performance from Miranda Forry (14 pts) and Toni Russell (16 pts) as well as Maya Fok (6 pts, 3 steals, 5 assists) and Maggie Peressini (8 pts). The OC beat the WAC 64-49 to make it to the championship game scheduled for Saturday, February 28th at 5:50pm against the WAC.

The WAC women brought their “A” game to the championships and kept the OC lead within reach for most of the game. In the beginning of second half the WAC cut the OC lead to 3 points and that is when OC guard Corrie Mizusawa turned up the heat and took a crucial charge to ignite a 15-3 OC run. All ten women contributed heart and soul to the 68-53 victory against the WAC and their second PCAC championship title of the tournament.

Look out for the OC women champions as they defend their title in the NACAD tournament Thursday, April 23rd through Sunday, April 26th hosted by the Multnomah Athletic Club in Portland, Oregon.
For the first time in years, the weather was not a factor and playing conditions were ideal for the Cliffs Course Championship. It’s a new year filled with renewed hope to find the magic elixir of the right combination of skill, guile, and courage to win the first championship of the tournament season. The Cliffs Course tests the mental fortitude, iron, and short game skills of all the participants. It’s one thing to hit the greens in regulation but it was truly an adventure to putt as the topography of the greens had a unique flavor this year. The Championship consists of two flights of net qualifying followed by match play to win the title. The 1st Flight plays from the tips with the 2nd Flight playing from the white tees. A full field of 34 dedicated golfers accepted the challenge for the 2009 Championship.

In the 1st Flight, Rick Cresci, Ken Kupperberg, Pat Quinn and Todd Denbo qualified with net scores of 28, 28, 29 and 29 respectively. Denbo’s steady and consistent iron play proved too much for defending champion Cresci in their semi-final match. Cresci giving up two strokes in the match play format proved to be the difference maker and Denbo moved on to the finals with a 3 and 2 win. In the alternate semi-final match, Kupperberg and Quinn traded some interesting par saves from faraway places. Kupp made a miraculous par on the 6th hole from the rough near the 8th green to win the hole. On the 9th hole, the mighty Quinn made a clutch par from the deep spinach off the Lake Course to force overtime, but alas it was not enough. He finally succumbed to Kupp’s game on the 1st hole of sudden death. In the finals, once again Denbo’s strong iron game and consistent putting was the right formula to take down Kupperberg with a 2 and 1 win for the 2009 1st Flight Championship title.

In the 2nd Flight, Tom Sheppard, Don Onken, Steve Hinshaw and Pat Murphy made the match play stage with net scores of 26, 26, 26 and 29 respectively. Murphy survived a sudden death playoff with Mike Dees to qualify for match play. What years of experience and old age can provide seemed to be the difference in the outcome of the semi-final matches. In the first semi-final, Onken, a battle tested veteran, played a tough match against Hinshaw and prevailed 1-up. The interesting subtleties off the greens proved to be a frustrating test for Sheppard as Murphy prevailed 4 and 2 on the other side of the bracket. The final match was a test of skills and battle of inner strength as both competitors had the pressure of their first Cliffs title on the line. Onken finally prevailed on the first hole of sudden death to take the 2009 2nd Flight Championship crown.

Congratulations to our 2009 championship golfers and all who continue to dream and strive to win this fine championship. Once again, we are still awaiting the Masters Par 3 competition to extend the proper invitations and accept the champion golfers of the year from the Cliffs Course Championship.
**Aquatics Schedule**  [www.olyclub.com](http://www.olyclub.com)

<table>
<thead>
<tr>
<th>DAY</th>
<th>EVENTS</th>
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<tbody>
<tr>
<td>MON</td>
<td>Masters Practice (Sutter St.) 6-7:30am, 12-1pm, Water Conditioning (Natatorium) 10-10:40am</td>
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<tr>
<td>TUES</td>
<td>Masters Practice (Sutter St.) 12-1pm, 6-7pm, Waterpolo Practice (Sutter St.) 7-9pm, Jr. Swim Team Practice (Sutter St.) 4-6pm</td>
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<tr>
<td>WED</td>
<td>Masters Practice (Sutter St.) 6-7:30am, 12-1pm, Water Conditioning (Natatorium) 10-10:40am, Jr. Swim Team Practice (Sutter St.) 4-6pm, Women’s Water Polo Practice (Sutter St.) 7-9pm</td>
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<tr>
<td>THURS</td>
<td>Masters Practice (Sutter St.) 12-1pm, 6-7pm, Jr. Swim Team Practice (Sutter St.) 4-6pm</td>
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<tr>
<td>FRI</td>
<td>Masters Practice (Sutter St.) 6-7:30am, 12-1pm, Water Conditioning (Natatorium) 10-10:40am, Jr. Swim Team Practice (Sutter St.) 4-6pm</td>
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<tr>
<td>SAT</td>
<td>Masters Practice (Sutter St.) 8-10am, Jr. Swim Team Practice (Sutter St.) 10am-12pm</td>
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**Sky & Post Street Gym Schedule**

<table>
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<tr>
<th>DAY</th>
<th>EVENTS</th>
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<tbody>
<tr>
<td>MON</td>
<td>Noon Ball Open Gym (Sky) 12-1pm, B/C League Games (Sky &amp; Post St.) 6:15-9pm</td>
</tr>
<tr>
<td>TUES</td>
<td>Morning Crew 6:30-7:30am, Noon Ball Open Gym (Sky) 12-1pm, Over 35 League Games (Sky &amp; Post St.) 6:15-9pm</td>
</tr>
<tr>
<td>WED</td>
<td>Volleyball (open play) 6:30-7:30am, Noon Ball Open Gym (Sky) 12-1pm, A/Over 45 League Games (Sky &amp; Post St.) 6:15-9pm</td>
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<tr>
<td>THURS</td>
<td>Morning Crew 6:30-7:30am, Noon Ball Open Gym (Sky) 12-1pm, C League Games (Sky &amp; Post St.) 6:15-9pm</td>
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<tr>
<td>FRI</td>
<td>Noon Ball Open Gym (Sky) 12-1pm</td>
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<tr>
<td>SAT</td>
<td>Open Team/A Team Practice (Post) 9-11am, Masters Team Practice (Post) 9-11am, Women's Spring League Games (Sky) 11:15am-2pm</td>
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<tr>
<td>SUN</td>
<td>Golden Masters Team Practice (Sky) 9-10:30am, Jr. Spring League Games (Sky &amp; Post St.) 11am-5pm</td>
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**Fitness Schedule**

<table>
<thead>
<tr>
<th>DAY</th>
<th>EVENTS</th>
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<tbody>
<tr>
<td>MON</td>
<td>Studio Cycling &amp; Abs (3rd fl.) 6:15-7:15am, 12-1pm, Water Conditioning (Post St.Pool, Nat.) 10-10:50am, Senior Cycling &amp; Strength (3rd fl.) 10-11am, Iyengar Yoga (3rd fl.) 11:30am, Pilates Mat (3rd fl.) 2:30-3:30pm, Jr. Fitness Training(6th fl.) 3:30-5pm, Iyengar Yoga (3rd fl.) 5:30-6:45pm, Cardio Sculpt (6th fl.) 6-7pm</td>
</tr>
<tr>
<td>TUES</td>
<td>Yoga Challenge (3rd fl.) 6:15-8am, Functional Training (6th fl.) 6:30-8am, Senior Circuit (6th fl.) 9:30-11am, Pilates Mat (3rd fl.) 12-1pm, Athletic Prep (6th fl.) 12-2pm, Jr. Fitness Training (6th fl.) 4-5pm, Pilates on the Ball (3rd fl.) 6-7pm</td>
</tr>
<tr>
<td>WED</td>
<td>Studio Cycling &amp; Abs (3rd fl.) 6:15-7:15am, 12-1pm, Senior Cycling &amp; Strength (3rd fl.) 10-11am, Water Conditioning (Post St. Pool, Nat.) 10-10:50am, Stretch and Roll (3rd fl.) 11:00-11:30am, Pilates Basics on the Ball (3rd fl.) 2:30-3:30pm, Jr. Fitness Training (6th fl.) 3:30-5pm, Iyengar Yoga (3rd fl.) 5:30-6:30pm, Cardio Sculpt (6th fl.) 6-7pm</td>
</tr>
<tr>
<td>THURS</td>
<td>Cardio-Fit (3rd fl.) 6-7am, Yoga Challenge (3rd fl.) 6:15-8am, Functional Training (6th fl.) 6:30-8am, Senior Circuit (6th fl.) 9:30-11am, Pilates Mat (3rd fl.) 12-1pm, Athletic Prep (6th fl.) 12:30-2pm, Iyengar Yoga (3rd fl.) 1:15-2:15pm, Jr. Fitness Training (6th fl.) 3:30-5pm, Yoga Flow (3rd fl.) 6-7pm</td>
</tr>
<tr>
<td>FRI</td>
<td>Studio Cycling &amp; Abs (3rd fl.) 6:15-7:15am, 12-1pm, Yoga Therapy (3rd fl.) 8:45-9:45am Water Conditioning (Post St Pool, Nat.) 10-10:50am, Yoga Flow (3rd fl.) 2:30-3:30pm Jr. Fitness Training (6th fl.) 3:30-5pm</td>
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<tr>
<td>SAT</td>
<td>Studio Cycling (3rd fl.) 9-10am, Yogalates (3rd fl.) 10-11pm</td>
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*Kinesis is by appointment only, please contact Jim Nicosia to reserve your spot 415.345.5188.*

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**OC Foundation Notice**

Anyone who would like to make a gift in memory of an Olympian may do so through the Olympic Club Foundation’s “Memorials and Tributes” program. Gifts help support athletic programs for less advantaged children, in those disabled or at risk. If desired, gifts may be directed toward a certain sport in the individual’s name. For more information, contact the Foundation at 415.345.5230.

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**Easter**

- Lakeside Clubhouse Easter Brunch Buffet 11 am & 11:30 am, Dinner Buffet 2:30 pm, 3:00 pm & 6 pm, 6:30 pm, Dress Code: Coat & Tie
- City Clubhouse Easter Buffet, Seatings 1pm & 1:30pm, 4pm & 4:30pm, Dress Code: Coat & Tie

**Super Skills**

- Tennis USTA League play begins

**Basketball**

- Basketball Super Skills Basketball Easter Break Camp
- Squash Club Singles and Doubles Championships through May 28th

**Basketball**

- Golf Outside golf event

**Basketball**

- Golf Outside golf event

**Basketball**

- Lakeside Clubhouse League Basketball Banquet

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**Sunday** | **Monday** | **Tuesday**
---|---|---
5 | 6 | 7
- Soccer OC Men's Soccer vs. Basa Pirbills | - Tennis USTA League play begins | |
12 | 13 | 14
- Easter | - Basketball Super Skills Basketball Easter Break Camp | - City Clubhouse Mother's Day Rese |
19 | 20 | 21
- Golf Four-Ball Championship Ocean Course B/O 8:30am - Member/Guest B/O 1:30pm Ocean Course | - Golf Outside golf event | |
26 | 27 | 28
- Soccer OC Men's Soccer vs. IFC | - Golf Outside golf event | - Lakeside Clubhouse League Basketball Banquet

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**Crop Science**

- Crop Science

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**Ocean Themes**

- Ocean Themes

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<tr>
<th>DAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
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<tbody>
<tr>
<td>1</td>
<td>• Handball Beginner’s Clinic 6-7:30pm</td>
<td>• Lakesides Clubhouse Dance to Primetime 8:30-11:30pm, Dress Code: Business Casual</td>
<td>• Lakeside Clubhouse New Member Tour- 10am - Meet in Clubhouse Lobby. Member ID Photo at Lakeside, Please call 415.404.4300 for an Appointment</td>
<td>• Swimming OC Junior Swim 2nd Annual Spring Invitational Meet, 9am WarmUps, 9:30am Start, City Club</td>
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<td>2</td>
<td>• Handball Beginner’s Clinic 6-7:30pm</td>
<td>• Ski &amp; Snowboard OC Ski and Snowboard Team - FarWest Championships at Northstar through the 5th of April</td>
<td>• Golf No guest play Ocean Course - Guests OK on Lake 9-10:30 and after 1:30pm</td>
<td>• Rugby OC Rugby vs. Hayward, 1:15pm, Pepsi Field, Hayward</td>
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<td>3</td>
<td>• Handball Beginner’s Clinic 6-7:30pm</td>
<td>• Hot House Swing 8:30-11:30pm, Dress Code: Business Casual</td>
<td>• OC Women’s Soccer vs. The Edge, 1pm, Crocker Amazon Field #3, San Francisco</td>
<td>• Soccer OC Women’s Soccer vs. Portland, OR</td>
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<td>4</td>
<td>• Handball Beginner’s Clinic 6-7:30pm</td>
<td>• Shakespeare by Bill Bryson at City Clubhouse, 12:30pm</td>
<td>• Bob Guiterrez 8:30-1:30pm, Dress Code: Business Casual</td>
<td>• Handball 22nd Annual Ringer Doubles Handball Tournament, 9am-3pm</td>
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**Membership Hours**

In an effort to accommodate members who need to come in earlier than 8am for member photos and other membership services, the Membership Office will open at 7am on Fridays.
MAY ‘09

01 F Lakeside Clubhouse – Dancing to Nightbird 8:30-11:30pm, Dress code: Business Casual
02 SA Lakeside Clubhouse – New Member Tour, 10am Meet in Clubhouse Lobby • Member ID Photo at Lakeside, Please Call 415.404.4300 for an Appointment • Golf – Quarterly golf course tour, Lakeside golf courses, Meet at the Pro Shop at 11am • Rugby – OC Rugby CR1 Playoff 1:15pm, TBD • Soccer – OC Women’s Soccer vs. Rip Tide, 3pm, Gellert Park, Daly City

03 SU Soccer – OC Men’s Soccer vs. San Pablo • Tennis, ITF World Championships Mallorca, Spain, through the 10th
06 W City Clubhouse – Speaker Luncheon at 12pm with Robert Baer, Call 415.345.5147 for reservations
07 TH Lakeside Clubhouse – Fifty Year Member Dinner • Swimming – USMS Short Course Nationals at Fresno through the 10th of May
08 F Lakeside Clubhouse – Dance to Gemini 8:30pm-11:30pm, Dress code: Business Casual
09 SA Soccer – OC Women’s Soccer vs. SF Vikings, 9am, Gellert Park, Daly City
10 SU Lakeside Clubhouse – Mother’s Day, Brunch Buffet 11 am & 11:30 am, Dinner Buffet 2:30pm, 3pm & 6pm, 6:30 pm Dress Code: Coat & Tie • City Clubhouse – Mother’s Day Buffet Seatings at 1pm & 1:30pm and at 4pm & 4:30pm. Dress Code: Coat & Tie • Soccer OC Men’s Soccer vs. Bay City Rovers
15 F Lakeside Clubhouse – Dance to The Cruisetones 8:30pm-11:30pm, Dress code: Business Casual
16 SA Rugby – OC Rugby Final 16/8 Playoff, 1:15pm, Austin, TX • Soccer – OC Women’s Soccer vs. The Edge, 1pm, Policia Field, Daly City
21 TH Golf – NCGA Board Outing 48 players Ocean b/o 8am
22 F Lakeside Clubhouse – Dance to Swing Set 8:30pm-11:30pm, Dress code: Business Casual • Tennis – May 22-24, Don Bering Cup - Pebble Beach • Golf – No Guest Play Ocean - Guests OK Lake 9-10:30am and after 1:30pm
23 SA Basketball NACAD Basketball at Portland, OR
25 M City Clubhouse – Memorial Day holiday, Sunday schedule • Lakeside Clubhouse – Grill Open, Grill Room 7am-2:30 pm Grill Bar 11 am-7 pm • Golf – Holiday Schedule, No Guest Play
26 TU Lakeside Clubhouse – Closed • Golf – Monday Schedule, closed
27 W City Clubhouse – New member tour, Meet in Club Room, Lobby Level at 5:30pm • City Clubhouse – Theatre Night Wicked, 5:30pm Dinner and 8pm Show at The Orpheum Theatre. Dress code: Coat & Tie
28 TH Golf – WSGPS play day
29 F Lakeside Clubhouse – Dance to Pure Ectasy 8:30pm-11:30pm, Dress code: Business Casual

HOURS OF OPERATION

CITY CLUBHOUSE 415 345 5100

Clubhouse:
Mon - Fri: 5am - 11:30pm
Sat & Sun: 6am - 9pm

Athletic Facilities:
Mon - Fri: 5am - 11pm
Sat & Sun: 6am - 8:30pm

Cafe:
Mon - Fri: 6:30am - 10pm
Sat & Sun: 8am - 8pm

Grill Bar:
Beverage Service: Mon - Fri 11am-9:45pm, Sat 12pm-8pm

Main Dining Room:
Lunch: Mon, Tues & Fri 11:30am-2pm

Grill Room:
Beverage Service: Mon - Fri 11am-9:45pm, Sat 12pm-8pm

Main Dining Room:
Lunch: Mon, Tues & Fri 11:30am-2pm

Main Bar:
Beverage Service: Mon - Fri 11am-9pm, Sat & Sun 8am - 9pm

Massage:
Fri - Sat: 7am - 3pm

Barber:
Fri - Sat: 10am - 5pm
On February 28th, 35 registered OC Pistol Shooters came out to partake in a “Action Pistol” clinic that the Pistol Section of The Olympic Club shooting sports staged. The event, held on the squash doubles and handball court, was so action packed that the event drew in an additional 10 juniors on the day of the event. Even Board President David Thompson decided to try his hand at the “Action Pistol” range.

The clinic comprised of strategic firearm(s) engagement and emphasized heavily on safety and fun. “This is not a stand around sport like I grew up shooting (bulls-eye), but a really fast paced, heart pumping discipline that really gets you going,” commented Dennis Shea, a 50-year member. “We’ve never had an ‘Action Pistol’ event at the Club like this and I hope to see more of these.”

Participants were treated to an afternoon of skills training on the static firing line and were challenged for time and accuracy on the “action range.” “I was really impressed with the emphasis on safety,” shared Board President Thompson. “This is really fun.” The OC Pistol Section will be scheduling more “airsoft, Action Pistol clinics” downtown to enhance the “live pistol” sections trainings. Pistol Team shooter Brad Engmann and his training partner Phil Burt will continue to compete in regional and national events to ramp up for their international competitions. Engmann recently won the Bay Bridge Charity Classic “Production” class and was “production” series winner in the Richmond Rod and Gun Club’s IPSC season.

For additional information on Pistol events, contact Commissioner Robert H. Chan.

Pistol clinic participants

Theatre Night
Wednesday June 24, 2009
RSVP: 415.345.5147

Starring John O’Hurley, SPAMALOT is the outrageous new musical comedy lovingly ripped off from the film classic “Monty Python and The Holy Grail”

5:30pm Dinner at The City Clubhouse, 8pm show at the Golden Gate Theatre, $100.00 Plus Tax & Service Charge
Club history, nearly 150 years strong, is an imposing thing, full of historic names and sepia-colored photos. The beautiful thing about it, though, is its living, breathing nature. Consider the Ski and Snowboard Team.

Club founders could never have imagined the ‘Winged O’ shredding down the Sierra Mountains on Saturday mornings, and yet the Ski and Snowboard Team, officially recognized in just 2007, is an example of the Club’s ever-present ability to stay current. Garry Lion, a 63-year-old management consultant who lives in Mill Valley, essentially founded the team back in 1996, serves as its captain and remains its ardent spokesman:

**Olympian Magazine: Tell us about the Ski and Snowboard team.**

Garry Lion: It’s a team made up of a lot of people who play a lot of different sports. Very few joined the Club specifically for our sport (because it didn’t exist until recently), but many OC members also ski. The variety of our members is a great melting pot.

**OM: Was there a ‘Eureka’ moment when the whole thing started?**

GL: I wish I had a more intriguing story about how it started, but in 1996 when my youngest child was about to leave for college, and I was looking for someone with whom to ski, my brother introduced me to a ski racing league in which he participated. I thought: ski racing is the premier event of the Winter Olympics, so maybe there might be some interest at The Olympic Club in a winter sports team.

**OM: Just like that, you had a Ski team?**

GL: Well, I went and saw (Athletic Director) Gary Crook and he said, “We’ll set you up with an activity budget.” Our original uniforms were just Winged ‘O’ armbands. I put up some notices around the Club, and a few showed up the first year, and a few more the next year . . .

**OM: You were already a Club member for reasons other than skiing?**

GL: My father, Ernest, was a longtime member, and I was a junior member way back in the 1960s, and joined as an adult in 1992, primarily focused on tennis. I’ve been with a number of USTA teams, and captained a dozen or so of those. But I’d always liked to ski, usually in North Lake Tahoe, and skied with both my children and my wife. I grew up in Marin County, and started skiing at age 4, but didn’t start this racing team until my early 50s, and I was a novice. That’s one of the ideal things about our team. Anyone can do it, at any age, gender or skill level.

**OM: What makes up a race day for the team?**

GL: We go up 7 to 9 weekends a year to North Lake Tahoe, rotating among Northstar, Alpine Meadows, Sugar Bowl and Homewood as the major sites. Most people have a place to stay on their own, and we meet at the race day for registration. Everyone has one race during the day, and you get to look at the course in advance, and then take your run. Many times, you get two races. The courses are set up by the racing departments of the resorts, and are very professionally done, with safety.

**OM: Whom do you compete against?**

GL: There are about 12 other ski clubs in the Bay Area in our league. Within Northern California, there are 30-40 different clubs, and we all compete with over 100 clubs in the Far Western U.S. We occasionally travel for the Far West Championships, having gone to Mammoth Mountain and Mount Bachelor in recent years.

**OM: You mentioned all skill levels. What is the variety of the race team?**

GL: It ranges from a 5-year-old to a 78-year-old woman. We put up three different levels of courses, with a lower course on an intermediate hill, a more difficult course on an
advanced tow, and then a really expert course on a steep, challenging hill. There are 12 different levels, and you compete against your own level, against a small group of people who you get to know really well, and have a lot of fun with. Every skier in each group can accumulate points for the team, so you all shoot for the same goal.

OM: Many Club teams actively recruit athletes. Does your team?
GL: We have had one member admitted by accelerated process for our team, and we intend to do more of that. We just got officially recognized last year.

OM: That’s some accomplishment. How did it happen?
GL: (laughs) After many tries! I believe we were the first new team to be recognized in 15 years. It took quite a bit of determination, and demonstration that we had significant momentum as a valid competitive sport. Keith Metzger (our present commissioner) and I got the whole team involved in lobbying everybody in the club who we thought had influence. We learned from our failures and eventually succeeded.

OM: Does the team have success?
GL: We do. We won the league total point trophy last year and again this year. We have also won a number of points-per-racer team trophies during our growing years. And our racers have a much higher than average number of individual season awards and championship medals.

OM: You guys have graduated from just armbands as uniforms?
GL: Oh, yes. We have a ski parka and stretch race suits and jackets that are extremely popular.

OM: Snowboarders are part of all this, too.
GL: Snowboard racing has grown in popularity, especially with the younger generation. Boarders have their own specialty race courses on slalom days. We have also established a ‘shadow’ team for family members that aren’t Club members so they can participate as well (their points are not counted in the official OC Team totals, but they can win many individual awards). When you go to Tahoe, it’s more acceptable to say to the family: Come up, and we’ll all have fun together.

- Interview by Brian Murphy
Ski and Snowboard Team on a High

by Steve Bard and Keith Metzger

The Skiing and Snowboarding Team was recognized as an official Olympic Club Sport nearly two years ago. While our team is relatively new, we have taken our league by storm. We finished in first place in our first season of 2007-2008 and we just finished in first place again this 2008-2009 season. Our 2007-2008 first place finish in the Open League of 16 different teams was a classic come-from-behind finish as we clinched first place at the last race of the season. What a tremendous feeling of accomplishment and satisfaction it was to bring the first place trophy home to The Olympic Club after our inaugural season. This season’s first place finish was not quite as dramatic. We took a commanding lead following the first race and never looked back. Of course, we have our sights set on next season for a three-peat!
Team History and Background

The team began well over a decade ago as a small group of members, led by Garry Lion, formed a team within the Bay Area Council’s Open League. The group consisted then, as it still does today, of members who have raced in the past as well as skiers/boarders looking to feed their passion to compete. With an affiliation to The Olympic Club, where the pursuit of amateur athletic excellence is a building block, there seemed no better place to form a team. The “Winged O” armband, worn during races, became the semi-official uniform of the OC team.

Over the years, the team has grown to 47 members both adults and juniors, making the Club presence known throughout our League and the Far West Region. The armbands of past can still be found, but our team jackets with the “Winged O” on the back are more prevalent. In 2007, following a compelling proposal to the Athletic Committee and Board of Directors, we ultimately became an official team, the first new sport this millennium.

Race Schedule and Format

During a typical season, the league attempts to schedule 8 races held on weekends in the winter months ranging from December to March. There are hundreds of racers competing in the Open League and we schedule the majority of our races at different locations on the North Shore of Lake Tahoe. Following the regular season, there are two championships: the NorCal Championships that are also held in Tahoe and the FarWest Championships that are held in the FarWest region, consisting of Washington, Oregon, Nevada, Arizona and California. This year, Northstar at Tahoe will be hosting the Far West Championships on April 4th and 5th. Each person must qualify to participate in both the NorCal Championships and FarWest Championships depending on each person’s participation and results. The Olympic Club looks to have many racers compete.

The usual race weekend consists of a slalom race on one day, with giant slalom on the other. Slalom is a “technical” event characterized by many quick turns, and giant slalom courses are typically longer and set with fewer gates further apart, making it more of a “speed” event. A racer triggering the “start wand” at the top of the course when they begin starts the clock, culminating when one crosses the laser-beam at the finish. The ultimate goal is to go from the starting gate to the finish line as quickly as possible without missing a gate. Hundredths of a second can make all the difference.

If anyone is thinking, I can’t do this because I’ve never raced, you’d be mistaken. Each person is placed into a racing class depending on the racing level, allowing everyone to compete against racers of a common skill level. There are 12 different groups for first timers/beginner all the way up to experts. The races are all handicapped (along some similar lines as USTA Tennis) with the computer grouping racers. There are separate groupings based on age and gender as well as for snowboarding and skiing. Brett Evart, last season's Most Valuable Racer, competes for us in both. If you race at time faster than your current handicap group, you will earn a strike and two strikes will move you up a class.

Last year, we got to know an up-and-coming member of the US Ski Team named Tim Jitloff who came to Lakeside and spoke at our the team awards dinner. We are fortunate to have developed a great relationship with him. Tim, who was born in San Jose and grew up in Truckee, CA, earned a spot on the U.S. Ski Team spending his winters in Europe on the World Cup circuit. We are thrilled to see “Jit,” as his friends and teammates call him, enjoy the very best season of his career. Some highlights include being named one of nine racers to represent the United States at the World Championships in Val d’Isere France and finishing 5th in a World Cup giant slalom at Sestriere, Italy. As part of the team, we hope to continue to expand that relationship with Jit, as well as grow more with other racers.

While the 2008 / 2009 season concluded with an Open League First Place Team title, as well as the Far West Championships at Northstar, it’s never too early to be thinking about next season. We know that the Club has many skiers and snowboarders that are not racing with us and we would love you to consider joining.

Our team welcomes racers of all ages and abilities and we boast skiers who snowplow down the course as well as former college racers – and everyone in between! The handicap system means that anyone can make a contribution to the team point standing whether they are a beginner or an expert, and regardless of how many races they participate. We want you!

Visit The Olympic Club website or contact Team Commissioner Keith Metzger at 415.218.4750 to learn more.
SGA Corner

by Warren Krauss

Early March saw the SGA return from its golf outing at the Las Hadas Resort in Manzanillo, Mexico.

The Resort, site of the film “10,” was in all its glory with sparkling white Moorish buildings set against the dark blue of the Manzanillo Bay and the green of the Pete Dye golf course.

The course was difficult (as in really) with agua everywhere, huge bunkers or waste areas, and island greens reached from cliffs across the Bay. Only the less-than-honest didn’t donate multiple balls to the water and all agreed that the view from the 18th tee was special.

Some of the highlights were Frank and Barbara Clifford besting Michael Heaton and Jim Osborn in the finals of the domino tournament; Pete and Carol Murphy winning as a couple; the Heatons and the Marcianos tying for “best jitterbuggers;” Emmy Ehrlich’s hole-in-one; Jim Osborn winning the “Florid Slacks” contest; team Emrich, Innis and Osborn just beating team Avelar, Krauss, and Clifford in the mens’ last day golf division; and golf honors going to Pat and Anna Murphy, Bob and Janie Henry, and Mssrs. Meeker, Rawson, Alioto, Ehrlich, Steinorth and Marciano.

The “most new rooms” award went easily to Bob and Lynette Ireland who, on their third room assignment, landed one with a private pool. Joanne and Nunzio Alioto graciously guided the group through the maze of food and restaurant choices. Bruce Osterman got credit for keeping his word to attend all SGA events, when he flew in mid-week from Switzerland. And all were kept in stitches by excellent stand-up routines by comics Osborn and Avelar.

Coming up on April 17th is the SGA’s “Spring Fling” dinner dance at Lakeside and, on April 23rd, the first Home & Home match against Lake Merced. Those planning to attend these functions are reminded to apply promptly in view of the anticipated heavy participation.

The Senior Golfers Association (SGA) is open to privilege holding members who have reached the age of 55. If you are qualified, you may apply for membership through Jane Heaney by calling 415.404.4327.
Play to your Strengths

As the USTA League Season and Box League Session II is fast upon us, it is important to remember what your strengths and weaknesses are as you match up in competitive singles and doubles matches throughout the season. Matchups are key whether you are playing a lefty, righty, serve and volleyer, or all-court player. During any warm-up always make sure your strengths are ready to go for example your serve or forehand are warmed up and ready for battle. In the first few games of the match try to recognize your opponent’s strengths and weaknesses whether they like to hit their forehand, backhand, or even dislike coming to net to volley. Being aware of what is being implemented in your game plan or your opponent’s game plan and making adjustments as early as possible is your first step to success. See you on the courts.

- Sean Dizon

Get Your Swing on Plane!

The elusive “plane of the golf swing” is confusing to many players. A player may think or even feel that their golf club is on plane at the top of the swing but for many it is not. One key-determining factor for the shape and plane of an individual’s swing is the angle at which the spine is set. Or simply, how much a player bends at the hips. First, bend forward at the hips so that your arms hang loosely from the arm sockets. Next, grip the club and swing to the top of your swing and hold it. Lastly, release the club so it falls down toward your shoulder. If the club falls on your neck or head, the plane of your swing is too upright. If the club falls below your shoulder, the plane of your swing is too flat. If the club clips you on the tip of your shoulder, then your swing is on plane.

- Shannon Sweeney Donlon

Fit to a Tee

Several years ago three fellow Olympians and I arranged one of those “once in a lifetime golf trips” (My wife recently noted that I make several such trips a year, but that is beside the point). Olympic’s Director of Golf at the time was Jim Lucius and he had provided us with introductions to Winged Foot, Baltusrol, Plainfield and Merion. Just before we left, Jim gave me a piece of advice that I have never forgotten, “Just promise me, Gerry, that you won’t let anyone talk you into playing the Championship tees.”

I did as I was told. And I loved the experience. My scores were appropriate to my handicap at the time and I remember the golf courses to this day.

Since then, I have occasionally disregarded Jim’s advice when playing a special golf course, and I have always regretted the decision. High scores and an endless series of fairway wood shots do not foster fond memories.

Here, I think, is what Jim was trying to teach me: An architect designs his challenges based upon anticipated tee shot distances; he places his doglegs and his bunkers to challenge those tee shots; and he defends his greens in anticipation of approach shots that can reach the hole in regulation. If you play from too far back you will not see the green presentation that the architect intended, you will not face the challenge he designed and you will find the course unremarkable. In addition, on some golf courses you will face unreasonable carry distances and your score will be disappointing as well.

In the interest of speed of play, golf courses in Great Britain will not even allow anyone but scratch players to use the “medal” tees.

I was reminded recently of Jim’s advice when a fellow member complained to me that he felt that some of the holes on our Ocean golf course are too difficult from the Blue Tees. A seventy-year-old 16 handicapper, he was unwilling to move up to the Whites (I believe he also uses Grecian Formula on his hair and has bought into the commercials about outdoor bathtubs and throwing footballs at old tires).

Our recent establishment of “Combo Tees” is a wonderful concession to member needs, but it is necessary for players to accept the limitations that increasing age and declining skills impose on their game. “Do you play golf for fun?” I asked him, “Or, do you have some other reason for going out there?”

Once again, I suggest that members try the combos, the whites or even the green tees. The game could be more fun. Of course, this strategy will put the greenside bunkers in play . . . maybe that’s why you play from back there.
Tennis Update

USTA League Play

The Spring/Summer league begins play the week of April 6th. The Olympic Club has 10 teams entered in this year’s local leagues. It is still not too late to register for a team to play for this Spring. Call the Tennis Pro Shop 404.4350 for further information.

Member/Guest Mixed Doubles

Our annual Member/Guest Mixed Championships will be held Saturday April 4th. Play will begin 9am and continue throughout the day (this will only be a one-day event). To enter please call the Tennis shop.

War Memorial

The following is the final list of names for a Memorial that will be erected at the City Clubhouse in honor of Olympians who perished in service of our country. If you or someone you know had a loved one, friend, or relative who was a member and died serving in any war in which the U.S. participated, please contact 415.345.5147. Please note: The Club is very fortunate that no members perished in any war after World War II.

WORLD WAR I

C.E. Allen

Pvt. Oscar Herbst

2nd Lt. Cecil S. Huntington

Raymond E. Lee

Robert W. Leigh

Cpl. Rudolph C. Mehrtens

CPO Inyo A. Russ

WORLD WAR II

Quentin R. Birchard

1st Lt. John K. Burke

R Adm. Daniel J. Callaghan

George H. Chessman

1st Lt. John F. Cline

Sgt. William H. Doty

PO2 James L. Duncan

2nd Lt. George R. Durham

Max L. Evans

2nd Lt. Bernardo X. Ferrari

Sgt. John S. Gercovich

Capt. Jerre S. Gross

Capt. James G. Hamilton, Jr.

2nd Lt. William C. Hanlon

Lt. JG John P. Hart

Lt. Cdr. Richard H. Hibbard

2nd Lt. Gayle Johanson

2nd Lt. David C. Joly

2nd Lt. Charles Kendrick, Jr.

Lt. Cdr. Lowell G. Kramar

Lt. JG James W. McDonald

Capt. James P. McVeigh

George E. Mitchell

2nd Lt. Harry F. Mortimer

Sgt. Willis O’Brien, Jr.

Lt. JG Edward H. O’Connor

Sgt. John P. Paganini

1st Lt. Leland Peoples

Lt. Frank T. Sibbett

Col. James M. Sullivan

Capt. Edward R. Tiscornia

Lt. Col. James R. Watt

Pvt. Theodore G. Wehr

“[They fought together as brothers-in-arms. They died together, and now they sleep side by side. To them we have a solemn obligation.]” - Admiral Chester W. Nimitz

IN MEMORIAM

Mr. Joseph B. Holland passed away February 16. Member since 1962

Mr. Brett Bullen passed away February 28. Member since 1972

Mr. Leo P. Hopkins passed away March 6. Member since 1967

Mr. Michael F. Quirie passed away March 6. Member since 1983

Mr. Frederic M. Rea passed away March 6. Member since 1957

Mr. Frank J. Fotenos passed away March 9. Member since 1981

Mr. Lawrence Healy passed away March 13. Member since 1983

Correction to February’s In Memorium:

Mr. Fredrick Benetti Passed away January 5. Member since 1956
In 2007, we were deemed eligible for bond insurance as, with a five-year history of paying bonds, the Club now had a track record; and Standard and Poor's rated the Club's bonds as being of investment quality. Though bond insurance is purchased up front, over the life of the bonds, it is less expensive than a letter of credit. The Club bought bond insurance from MBIA; considered one of the strongest bond insurers in the country. Unfortunately, a short time later, the sub prime debacle took hold; and among those affected were bond insurers.

In due course, so were our bonds. Though the Club wasn't hit as hard as institutions trading in Auction Rate Securities - a more volatile market than variable rate securities - the Club was soon paying about what it was before the bond insurance purchase. In May, the Club was hopeful bond insurers would regain their former stature and relieve the interest rate pressure on our bonds. Alas, since that time, MBIA's rating, once the gold standard among bond insurers, has been downgraded several times. As a consequence, about eight weeks ago, the Club returned to a letter of credit; and will write off the expense of the bond insurance (which will appear on our financial statements but does not effect the Club's cash position). Our bonds are once again trading smoothly, we did lose the bond insurance premium and, in effect, the Club has gone full circle returning to a letter of credit and paying roughly the same debt service (including the amortization of the bond premium) as the Club previously paid. Most importantly, the Club remains financially stable and members are unaffected by these changes."

As seen from above, because investors lost confidence in MBIA, the Club did not achieve the debt service savings it had hoped; and was forced to replace the bond insurance with a letter of credit. In the process, the Club received little to no value for the premium paid to MBIA. Though the Club was diligent in the refinancing, utilizing and relying on experts, to a large extent it relied upon the AAA rating bestowed upon MBIA by the rating agencies. The Club, in reviewing the transaction, reluctantly has come to the belief MBIA was aware it didn't deserve an AAA rating and had an ethical and legal obligation to notify the Club of that fact. Once this conclusion was reached, the Board of Directors determined it had an obligation to the membership to attempt to retrieve the monies paid MBIA for the insurance premium. Accordingly, the Board has retained counsel to file an action against MBIA for the recovery of the premium and other monies. The complaint will be filed the first week in April and, as developments occur, I will keep you informed.

The Olympic Club Foundation does a terrific job of supporting youth sports programs. Youth programs, poorly supported in the best of times, have been particularly ravaged by this dreadful economy. It's difficult to turn on a radio and not hear a story about another youth or high school sports program taking a hit. The Foundation represents an excellent way to give back; and what could be better than supporting kids through athletic programs. Olympian and Olympic Club Foundation President, Mike Delagnes, points out no donation is too small—each helps and is appreciated. Members can donate a small amount each month through their Olympic Club account, charge a donation to a credit card, or write a check. If you have a question, please call 415.345.5230; but please find it in your heart to contribute a couple of bucks. Thank you.

-Dennis P. Bouey
Celebrate FATHERS
JUNE 21ST, LAKESIDE

Enjoy a special brunch buffet or dinner buffet at Lakeside on Father’s Day and celebrate the Dad in your life.

Brunch Seatings: 10 & 10:30am and 12:30 & 1pm
Dinner Seatings: 5 & 5:30pm and 7 & 7:30pm

Brunch: $28, Children 6-12 years $18
Dinner: $36, Children 6-12 years $26
{Children ages 5 and under complimentary} {Plus Tax}

RSVP 415 404 4300
{All cancellations and no shows will be charged for the total number of reservations booked after 5pm on June 14} {Dress Code: Business Casual}